

REQUIREMENTS FOR MASS SPORTS CATEGORIES 2026:

U3 (12 years of age and younger)			
Test 0-2 minimum, time as for J4, safety limit as for J3			
	Time (+/-5 sec)	No of required elements	Descriptions
Solo	1'30"	3 max.	Total of 3 free Hybrids maximum
Duet/Mixed Duet	2'00"	4 max.	Total of 3 free hybrids + 1 pair acro maximum
Team	2'30"	4 max.	Total of 3 free hybrids + 1 team acrobatic maximum
U2 (15 and under)			
Test 2 minimum			
	Time (+/-5 sec)	No of required elements	Descriptions
Solo	1'45"	4 max.	Total of 4 free hybrids.
Duet/Mixed Duet	2'15"	5 max.	total of 4 free hybrids + 1 pair acrobatics maximum.
Team	2'45"	6 max.	Total of 4 free hybrids + 2 Team Acrobatics maximum
Free Combination	2'45"	6 max.	2 acrobatics maximum + free transitions + maximum 1 x Solo hybrid, 1 x duet hybrid, 2 x team hybrids maximum.
U1 (20 and under)			
Test 3 minimum			
	Time (+/-5 sec)	No of required elements	Descriptions
Solo	2'00"	5 max	Total of 5 free hybrids
Duet/Mixed Duet	2'30"	6 max	Total of 5 free hybrids + 1 pair acrobatics maximum
Team	3'00"	7 max	Total of 5 free hybrids + 2 Team Acrobatics maximum.
Acro	3'00"	7 max	Maximum 7 acros, hybrids are free, not counted in the DD.

- Acrobatic Safety Limit: For U3, check WA Appendix III - "Set Numbers of Elements for Routines" for under 12 categorie
- Acrobatic Safety Limit: For U2, check WA Appendix III - "Set Numbers of Elements for Routines" for youth category
- For the U2 and U1, there is no DD-limitation in the elements of the different families.
- For U1 there is no limitation in the Acrobatic elements.
- The Base Mark for all hybrids is 0.5 for all categories.
- Limitation of Thrusts (T), Rotations (R), Flexibility (F), Airborne weight (AW) and Connections (C) in each hybrid is same as rules from WA.
- U1 category: One swimmer can choose to swim in U1 or in master, but has to stay in the same category the whole season.

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